

For further information, to book a place or if you require alternative care for the person you care for, so that you can attend please contact:

Donna Mulder - Carer Training Co-ordinator

Phone 01324 611510
Mobile 07824 381280
E-mail donnmulder@centralcarers.co.uk



Falkirk & Clackmannanshire Carers Centre

Bank Chambers,
1a Bank Street
FALKIRK
FK1 1NB

Telephone: 01324 611510
E-mail: centre@centralcarers.org
Website: www.centralcarers.org



Care with Confidence

Fronto-Temporal Dementia



Friday 1:30pm – 3:30pm
29 April,
27 May & 24 June 2016

Falkirk & Clackmannanshire Carers Centre
1a Bank Street
FALKIRK
FK1 1NB

Quality Assurance



Principal Funders



Network Member



Managed by Central Carers Association (Falkirk & Clackmannan) | Company Limited by Guarantee
Company No SC184443 | Scottish Charity No SC023658

Fronto-Temporal Dementia Carers Group

The Fronto Temporal Dementia Carers Group is set up to provide help and advice to Carers, who are the family member or friend, supporting someone with Fronto Temporal Dementia

At the moment, most support groups available are set up specifically for carers of Alzheimer's disease and Vascular Dementia. However, in our experience, people with Fronto Temporal Dementias have very different needs. Many carers feel isolated from other carers' as their personal situations are very different from their own.

The support group is open to carers of people with a confirmed diagnosis of Fronto-Temporal Dementia. We will hold monthly meetings to provide advice and social support in an informal setting. Professionals are invited on a regular basis to talk about the clinical, social and legal aspects of care.

The group will be run by

Dementia Link Nurse
Carers Training Co-ordinator
Occupational Therapist

Alister Edmond
Donna Mulder
Ruth Gardner

Fronto-Temporal Carers Group 2016

Fridays 1:30 pm – 3:30 pm

29 April	Learn how to become a detective
27 May	Respond - don't react
24 June	Take care of yourself

Venue: **Falkirk & Clackmannanshire Carers Centre**
1a Bank Street, Falkirk
FK1 1NB

Details of a typical session:

1.30pm	Introduction and welcome tea/coffee
1.45pm	Speaker / trainer / session
2.00pm	Comfort break and tea / coffee
2:30pm	Social time and feedback
3:30pm	Finish

There is no cost to attend these sessions

To book a place please contact **Donna Mulder**

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To enable you to come along, the Carers Centre may be able to help organise alternative care for the person you care for