

To book a place or for further information please contact:

Rebecca Fowler
Training Co-ordinator

Phone 01324 611510
E-mail rebeccaflower@centralcarers.co.uk



Falkirk & Clackmannanshire Carers Centre
Bank Chambers
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FALKIRK
FK1 1NB

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E-mail: centre@centralcarers.org
Website: www.centralcarers.org

Quality Assurance



Principal Funders



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Care with Confidence

Fronto Temporal Dementia Carer Sessions

January – March 2017
1.30 pm to 3.30 pm

Falkirk & Clackmannanshire Carers Centre
1a Bank Street
Falkirk
FK1 1NB

To enable you to attend the sessions, the Carers Centre may be able to help organise alternative care for the person you care for. To book a place, or for further information, please contact:

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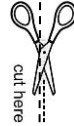
or complete the form below and post to:

Central Carers Association
FREEPOST SCO167
FALKIRK
FK1 1BR

Please **tick** the sessions you wish to attend:

- | | | |
|--------------------------|--------------------|--------------------|
| <input type="checkbox"/> | Friday 27 January | Coping with Change |
| <input type="checkbox"/> | Friday 24 February | Common Medication |
| <input type="checkbox"/> | Friday 31 March | Sensory Challenges |

Name _____
Address _____
Postcode _____
Telephone _____ Mobile _____
Email _____



Fronto Temporal Dementia Carer Sessions

The Fronto Temporal Dementia Carer Sessions are open to carers of people with a confirmed diagnosis of Fronto Temporal Dementia.

The monthly sessions provide information and support to carers in an informal setting. Professionals are also invited on a regular basis to talk about the clinical, social and legal aspects of care.

The following programme will take place on the last Friday of each calendar month from 1.30 pm to 3.30 pm.

Friday 27 January

Coping with Change

Kirsty McCluskey, Clinical Psychologist, will discuss coping strategies in response to changes caused by Fronto Temporal Dementia.

Friday 24 February

Common Medication

Ruth Gardner, Occupational Therapist, will discuss common medication prescribed in dementia care.

Friday 31 March

Sensory Challenges

This session will explore how cognitive problems can be aggravated by sensory issues such as sight and hearing loss. Hints and tips will be provided to address these issues.

The group will be facilitated by:

Occupational Therapist	Ruth Gardner
Training Coordinator	Rebecca Fowler