

There is no cost to attend the sessions.

To enable you to come along, the Carers Centre may be able to help organise alternative care for the person you care for.

For further information please contact:
Donna Mulder - Training Co-ordinator



Falkirk & Clackmannanshire Carers Centre
Bank Chambers
1a Bank Street
FALKIRK
FK1 1NB

Telephone: **01324 611510**
E-mail: **centre@centralcarers.org**
Website: **www.centralcarers.org**

Quality Assurance



Principal Funders



Network Member



Managed by Central Carers Association (Falkirk & Clackmannan) | Company Limited by Guarantee
Company No SC184443 | Scottish Charity No SC023658



Care with Confidence

Programme

January – March 2018

Tuesday
10.30 am – 12.30 pm

Falkirk & Clackmannanshire Carers Centre
1a Bank Street
FALKIRK
FK1 1NB

Care with Confidence

To book a place, or for further information, please contact:

Donna Mulder

Training Co-ordinator

Phone 01324 611510

E-mail centre@centralcarers.co.uk

or complete the form below and post to:

**Central Carers Association
FREEPOST SCO167
FALKIRK
FK1 1BR**

Please **tick** the sessions you wish to attend:

- Tuesday 30 January** **Dementia**
- Tuesday 06 February** **No Session**
- Tuesday 13 February** **Residential Care – Who Can Help?**
- Tuesday 20 February** **No Session**
- Tuesday 27 February** **Dementia & the Hospital**
- Tuesday 06 March** **Residential Care – Costs**

Name _____

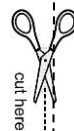
Address _____

Postcode _____

Telephone _____

Mobile _____

Email _____



Falkirk & Clackmannanshire Carers Centre 10:30 am – 12:30 pm

30 January Dementia

Learn a bit more about Teepa Snow who is a dementia-care education specialist with a background in occupational therapy and over 30 years in clinical practice.

06 February NO SESSION

13 February Residential Care – Who Can Help ?

There is so much to consider when thinking about long stay care. A gentle guide to making the decision, what to consider and who can help.

20 February NO SESSION

27 February Dementia & the Hospital

Hospital admission and discharge can cause concern for anyone, but more so for those with a cognitive impairment. Learn about the many simple things that can be done to improve a person's experience in hospital.

06 March Residential Care - Costs

There is so much to consider when thinking about long stay care. A gentle guide to making the decision and looking at costs.