

Falkirk Carers Week Programme

Monday 11 June	Individual pampering appointments
Tuesday 12 June	Male carers are invited to attend a Carers Week Lunch, 12 noon to 2 pm Carers Act Information Session, 10.30 am to 12.30 pm in the Greenpark Community Centre, Polmont
Wednesday 13 June	Health & Wellbeing event at the Carers Cafe, 10.30 am to 12 noon Carers Week Lunch, 12 noon to 1.30 pm Digital Inclusion Session, 2 pm to 3.30 pm Individual pampering appointments
Thursday 14 June	Carers Craft Workshop and healthy lunch, 11 am to 1 pm

For catering purposes, please contact us to let us know if you will be attending any of the Carers Week events and contact the Centre to book individual pampering appointments.



For more information

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