

For further information please contact:

Donna Mulder Training Co-ordinator
Telephone **01324 611510**
Email donnmulder@centralcarers.co.uk

Nicola Weedon Carer Support Worker
Telephone **01259 226839**
Email nicolaweedon@centralcarers.co.uk

Ian McCourt Service Manager
Telephone **01259 226838**
Email ianmccourt@centralcarers.co.uk



Falkirk & Clackmannanshire Carers Centre

Ludgate House
Mar Place
ALLOA
FK10 2AD

Website www.centralcarers.org



Care with Confidence

Clackmannanshire Programme

Wednesdays 10.30 am – 12.30 pm

29 August – 26 September 2018

Principal Funders of Central Carers Association



Managed by Central Carers Association (Falkirk & Clackmannan) | Company Limited by Guarantee | Company No SC184443 | Scottish Charity No SC023658

Care with Confidence

To book a place, or for further information, please contact:

Donna Mulder

Training Co-ordinator

Phone 01324 611510

E-mail centre@centralcarers.co.uk

or complete the form below and post to:

Central Carers Association
FREEPOST SCO167
FALKIRK
FK1 1BR

Please tick the sessions you wish to attend:

- | | | |
|--------------------------|-------------------|--|
| <input type="checkbox"/> | Wednesday 29 Aug | Dementia – Making Your Home more User Friendly |
| <input type="checkbox"/> | Wednesday 05 Sept | Home Fire Safety |
| <input type="checkbox"/> | Wednesday 12 Sept | Carers Forum at Dunmar House |
| <input type="checkbox"/> | Wednesday 19 Sept | NHS Managed GP Practices |
| <input type="checkbox"/> | Wednesday 26 Sept | Reminiscence - Aspects of Old Alloa |

Name

Address

Postcode

Telephone

Mobile

Email



Care with Confidence

Wednesday 10:30 am – 12:30 pm

Hawkhill Community Centre, 32 Hillcrest Dr, Alloa FK10 1SB

29 Aug [Dementia – Making Your Home more User Friendly](#)

Come along to get some simple hints and tips to make your home or any environment more user friendly for someone with dementia.

05 Sept [Home Fire Safety](#)

A staff member from Scottish Fire & Rescue Service will help raise your awareness of fire hazards at home. You may find that you qualify for free smoke alarms to be fitted within your home. The fire service will carry this out and can fit them in a matter of minutes.

12 Sept [No Session at Hawkhill Carers Forum at Dunmar House](#)

Social Care Standards / Realistic Medicine.
Contact Ian McCourt for further information

19 Sept [NHS Managed GP Practices](#)

Come along to find out more about who organises and manages the team, how the telephone triage works and how you get to see the right person in the team in a timely manner.

26 Sept [Reminiscence - Aspects of Old Alloa](#)

Susan Mills will talk to us about how the creation of Gartmorn Dam in 1713 helped Alloa to grow into an industrial town, with brewing, wool-spinning, glass-making, shipbuilding and many other industries. Come along, find out more and share your reminiscences about the town as it used to be.

Please phone or email to book a place at these sessions.
(contact details are on the back page of this leaflet)

All carers welcome
There is no cost to attend these sessions