

There is no cost to attend the sessions.

To enable you to come along, the Carers Centre may be able to help organise alternative care for the person you care for.

For further information please contact:  
**Donna Mulder** - Training Co-ordinator



#### Falkirk & Clackmannanshire Carers Centre

Bank Chambers  
1a Bank Street  
FALKIRK  
FK1 1NB

Telephone: **01324 611510**  
E-mail: **centre@centralcarers.org**  
Website: **www.centralcarers.org**

Quality Assurance



Principal Funders



Network Member



Managed by Central Carers Association (Falkirk & Clackmannan) | Company Limited by Guarantee  
Company No SC184443 | Scottish Charity No SC023658



## Care with Confidence

# Programme

25 September – 09 October 2018

Tuesday

10.30 am – 12.30 pm

Falkirk & Clackmannanshire Carers Centre  
1a Bank Street  
FALKIRK  
FK1 1NB

# Care with Confidence

To book a place, or for further information, please contact:

**Donna Mulder**

**Training Co-ordinator**

Phone 01324 611510

E-mail centre@centralcarers.co.uk

or complete the form below and post to:

**Central Carers Association  
FREEPOST SCO167  
FALKIRK  
FK1 1BR**

Please **tick** the sessions you wish to attend:

- Tuesday 25 September Dementia and Sensory Challenges**
- Tuesday 02 October Social Work Re-ablement Project**
- Tuesday 09 October Home Fire Safety**

Name \_\_\_\_\_

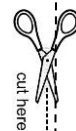
Address \_\_\_\_\_

Postcode \_\_\_\_\_

Telephone \_\_\_\_\_

Mobile \_\_\_\_\_

Email \_\_\_\_\_



**Falkirk & Clackmannanshire Carers Centre 10:30 am – 12:30 pm**

## **25 September Dementia and Sensory Challenges**

Those with Dementia may also experience sensory challenges, such as:

- lack of spatial awareness or double vision
- hypersensitivity to noise
- loss of taste and / or smell

Come along to find out more about this and where to go to for help in managing these difficulties.

## **02 October Social Work Re-ablement Project**

Claire Love from Social Work will explain how a re-ablement approach is being developed and embedded across Forth Valley. Reablement is a range of services focussed on helping someone maximise their independence or re-learn skills they need to stay at home and confidently carry out the activities of daily living.

## **09 October Home Fire Safety**

A staff member from Scottish Fire & Rescue Service will help raise your awareness of fire hazards at home. You may find that you qualify for free smoke alarms to be fitted within your home. The fire service will carry this out and can fit them in a matter of minutes.