

Bo'ness Carers Group

1st Wednesday of the month

10.30 am to 12.30 pm

Cowdenhill Community Hall,

Grangepans

2020 Programme

5 th February	<i>Cooking Workshop</i>
4 th March	<i>Social Security Update</i>
1 st April	<i>Grangepans History</i>
6 th May	<i>Scammers</i>
3 rd Jun	<i>Supported Holidays & Insurance Info</i>
1 st July	<i>No Meeting</i>
5 th August	<i>No Meeting</i>
2 nd September	<i>Reminiscence Hobbies & the Home</i>
7 th October	<i>Aromatherapy</i>
7 November	<i>Evaluation/Programme Planning & Afternoon Tea</i>
December	<i>Christmas Lunch (Date TBC)</i>

Are you caring for someone? Local carer groups provide an opportunity for carers to meet up, share information and have a short break from caring

For further information, contact:

Falkirk & Clackmannanshire Carers Centre

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Principal Funders

