

Creative Breaks for Carers

2020

SHORT BREAKS TO STAY HOME & STAY SAFE

The Creative Breaks Fund is available to benefit carers living in Falkirk district and Clackmannanshire by enabling carers and those they care for to have a break away from their regular domestic and caring routines in order to improve health and wellbeing.

During these unprecedented times of Covid 19, carers may be dealing with particular challenges, and are unable to access a traditional type of break. We are therefore keen to support carers to access grants that can be used in creative ways to support activities that can be undertaken in the home or, where available, the garden. Examples could include the purchase of board games, subscriptions to movie channels, magazine subscriptions, gardening tools, PC gaming equipment, Kindle readers or tablets, online music tuition, arts and crafts materials, etc.

Funds are limited. Eligible carers will be considered for grants of up to £300 while funds last. Applications will be considered by a panel which meets on a weekly basis.

Eligibility Criteria

- Applicants must be carers, young adult carers or young carers caring for an adult or, **for applications before the end of July 2020**, a child. A carer is defined as someone who provides unpaid support to a family member or friend who could not manage without this help due to a long-term illness, disability, frailty or addiction.
- The carer must live in Falkirk district or Clackmannanshire.
- If you are not known to our service, we will require the name of someone who can confirm you are a carer

How to Apply

Applications can be completed and submitted online, or by post if an online application is not possible. If you think you may be eligible for a Creative Breaks grant and would like to apply, or if you would like more information, please call the Carers Centre on 01324 611510 or email centre@centralcarers.co.uk

What happens next?

- Once you submit your application, it will be considered by a panel and you will receive a response within 10 days.
- If successful, we will request your bank details and pay the funds into your nominated bank account
- ***You must provide us with receipts for your purchase/retain your receipt for auditing purposes***
- ***We will ask you to complete an evaluation.***