

## Autism Spectrum Disorder

The Child and Adolescent Mental Health Service (CAMHS), working with Falkirk & Clackmannanshire Carers Centre, are offering information sessions and workshops for parents/carers of school aged children who have been diagnosed with Autism Spectrum Disorder (ASD). **These sessions are open to those who have received a diagnosis for their child and have not accessed the CAMHS Parents Group or an Early Bird programme in the past.**

Future sessions will be available covering subjects such as communication and anxiety, however, **it is essential that parents/carers attend the Introduction to ASD sessions 1 and 2 before attending the others.** Thereafter, you can choose which sessions are of interest to you. You always have the choice of coming either during the day or in the evening.

### [Introduction to Autism Spectrum Disorder](#)

**Session 1** - In this session we will look at the diagnostic criteria and what it means for children/young people. This gives you an opportunity to think about your child and how autism impacts on their life and yours.

**Session 2** - This session will help further your understanding of the underlying reasons why those with ASD think and see the world in the way they do.

**Please see overleaf  
for further information and how to book**

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If you have any questions about the content or suitability of the group for you, then please contact:

**Michelle Henderson** (Speech and Language Therapist) on 01324 610846 or **Kirsty Murphy** (Clinical Associate in Psychology) on 01786 454546.

**Please note that places are limited, so book early to avoid disappointment.**

If you book and later find out you cannot attend, please cancel with as much notice as possible.

#### Where and When

Falkirk & Clackmannanshire Carers Centre  
1a Bank Street, Falkirk, FK1 1NB

#### Session 1

**Wed 14 September 1 pm - 3pm OR  
Tues 20 September 6 pm - 8pm**

#### Session 2

**Wed 5 October 1 pm - 3 pm OR  
Tues 4 October 6 pm - 8 pm**

To book: **Tel: 01324 611510** or  
**Email: [centre@centralcarers.org](mailto:centre@centralcarers.org)**

Website: **[www.centralcarers.org](http://www.centralcarers.org)**



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