

To book a place or for further information please contact:

Rebecca Fowler
Training Co-ordinator

Phone 01324 611510
E-mail rebeccaflower@centralcarers.co.uk



Falkirk & Clackmannanshire Carers Centre
Bank Chambers
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FALKIRK
FK1 1NB

Telephone: 01324 611510
E-mail: centre@centralcarers.org
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Quality Assurance



Principal Funders



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Care with Confidence

Frontotemporal Dementia Carer Information

January to March 2018
1.30 pm to 3.30 pm

Falkirk & Clackmannanshire Carers Centre
1a Bank Street
Falkirk
FK1 1NB

To enable you to attend the sessions, the Carers Centre may be able to help organise alternative care for the person you care for. To book a place, or for further information, please contact:

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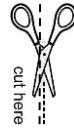
or complete the form below and post to:

Central Carers Association
FREEPOST SCO167
FALKIRK
FK1 1BR

Please **tick** the sessions you wish to attend:

- Friday 26 January What is Frontotemporal Dementia?
- Friday 23 February Relationships & Adapting to Change
- Friday 30 March Carers Choice

Name _____
Address _____
Postcode _____
Telephone _____ Mobile _____
Email _____



Frontotemporal Dementia Carer Sessions

The Frontotemporal Dementia Carer Sessions are open to carers of people with a confirmed diagnosis of Frontotemporal Dementia. The monthly sessions provide information and support to carers in an informal setting. Professionals are also invited on a regular basis to talk about the clinical, social and legal aspects of care.

The following programme will take place on the last Friday of each calendar month from 1.30 pm to 3.30 pm.

Friday 26 January

What is Frontotemporal Dementia?

Dr. Sawney will provide information on Frontotemporal Dementia and explore common medication prescribed to support the condition. We will also discuss differences between this and other types of dementia.

Friday 23 February

Relationships & Adapting to Change

Caring for someone can have a big impact on relationships, in both good and bad ways. This session will explore the impact of caring on relationship dynamics and how to adapt to these changes.

Friday 30 March

Carers Choice

In January the group will have the opportunity to suggest a topic or activity for this session.

The group will be facilitated by:

Occupational Therapist Ruth Gardner
Training Coordinator Rebecca Fowler

The group is supervised by:
Dr. Arti Sawney, Clinical Psychologist