

There is no cost to attend the sessions.

To enable you to come along, the Carers Centre may be able to help organise alternative care for the person you care for.

For further information please contact:
Donna Mulder - Training Co-ordinator



Falkirk & Clackmannanshire Carers Centre
Bank Chambers
1a Bank Street
FALKIRK
FK1 1NB

Telephone: **01324 611510**
E-mail: **centre@centralcarers.org**
Website: **www.centralcarers.org**

Principal Funders of Central Carers Association



Managed by Central Carers Association (Falkirk & Clackmannan) | Company Limited by Guarantee
Company No SC184443 | Scottish Charity No SC023658



Care with Confidence

Programme

25 February – 10 March 2020

Tuesday

10.30 am – 12.30 pm

Falkirk & Clackmannanshire Carers Centre
1a Bank Street
FALKIRK
FK1 1NB

Care with Confidence

To book a place, or for further information, please contact:

Donna Mulder

Training Co-ordinator

Phone 01324 611510

E-mail centre@centralcarers.co.uk

or complete the form below and post to:

**Central Carers Association
FREEPOST SCO167
FALKIRK
FK1 1BR**

Please **tick** the sessions you wish to attend:

- Tuesday 25 February** **Dementia – It’s in Your Approach**
- Tuesday 03 March** **The Ambulance Service**
- Tuesday 10 March** **Self Directed Support (SDS)**

Name _____

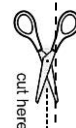
Address _____

Postcode _____

Telephone _____

Mobile _____

Email _____



Falkirk & Clackmannanshire Carers Centre 10:30 am – 12:30 pm

25 February **Dementia – It’s in Your Approach**

Find out how to avoid some of the arguments and upset when dealing with someone with dementia. Learn how someone with dementia may perceive his/her environment and how you can adapt your behavior to increase communication and the patient's quality of life.

03 March **The Scottish Ambulance Service**

We tend to think of the Ambulance Service if we need to dial 999. But if you call 111 and they think that you need an ambulance, they have direct links to the Scottish Ambulance Service. Patient Transport Services also provide ambulances to patients who need support to reach their healthcare appointment, or for their admission to and discharge from hospital, due to medical or clinical needs. Come along to learn how this busy service functions.

10 March **Self Directed Support (SDS)**

Self Directed Support Forth Valley, based in Grangemouth, support people to make informed choices in selecting the care services they need. Come along to this session to learn about the choices you have when you are offered a package of care.