

Parent Carers
Evening Zoom Sessions
Last Wednesday of each Month
5.30pm- 7.00pm

If you are a parent carer and would like to attend any of these sessions but are not sure how to get online, how to join a Zoom meeting, or simply want to book a place, please get in touch (see our contact details below). We can offer one to one support to help you get set up to join some or all the sessions.

24 February 2021 **Making Sense of the Senses**

Lesley Beath is an Occupational Therapist with the Children with Disabilities Team. She will be guiding you through the 8 senses and how they can affect behaviour and talking about how to apply strategies that have a positive impact at home and while out and about.

31 March 2021 **Scottish Autism**

This week Elaine Smith from Scottish Autism will tell us how this service is currently operating and what is available. She will also speak about the 'Get Set for Autism' Project which aims to provide post-diagnostic support to parents and carers of children and young people who have autism.

28 April 2021 **Self Directed Support**

SDS Forth Valley are the support service in the Forth Valley area who, in working closely with the three local authorities, provide guidance and information regarding the self-directed support options in receiving care and support at home. This presentation is intended to prepare you for the process and to allay any anxieties that you may have in approaching your local authority for support. Having this information prior to approaching

social work empowers you to be proactive in asserting your rights and ensuring that support is delivered in a way that supports your choice and control.

To book on any of the above sessions, or for further Information, please contact:

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