

# Care with Confidence

## Clackmannanshire Zoom Sessions

**April 2021**

If you are a carer living in Clackmannanshire and would like to attend any of these sessions, please call Tracy Gibson on 07818 592992 or email [tracygibson@centralcarers.co.uk](mailto:tracygibson@centralcarers.co.uk)

**Tue 20 April at 11 am**      **Power of Attorney**

What would you do if the person you care for lost the capacity to make decisions on their own? Come along and find out about Incapacity and how being granted Power of Attorney could help you in your caring role. You will also hear about supports available that you can access to have this put in place.

**Wed 21 April at 10 am**      **Community Mental Health Team**

In this session we will be given an overview of the Community Mental Health Team based at the Clackmannanshire Community Health Care Centre (CCHC). Delivered by the Occupational Therapist in this team, you will be able to ask questions about their service and how to access their support.

**Wed 28<sup>th</sup> April at 10am**      **Six Legal Must Do's**

Facilitated by Solicitors for Older People Scotland, this session will take us through the main issues carers need to consider, like making a Will or changing a Will, Advance Directives, Care and Care Costs, Trust and Equity Release. Many of these legal documents can be organised with Legal Aid and through forward planning, both you and your family can rest easy knowing that everything is in place for the future.

Falkirk & Clackmannanshire Carers Centre  
Ludgate House  
Mar Place  
Alloa, FK10 2AD

To book on any of the above sessions, please contact Tracy Gibson, Training Co-ordinator, Clackmannanshire  
**Email:** [tracygibson@centralcarers.co.uk](mailto:tracygibson@centralcarers.co.uk)

**Website:** [www.centralcarers.org](http://www.centralcarers.org)

**Telephone:** **07818 592992**

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