

Care with Confidence (Zoom) Sessions
Clackmannanshire
MAY 2022
Wednesdays 10 am

Wed 11 May 2022 **Dementia Hints and Tips for Carers**

A better understanding of the causes of certain behavioural changes in someone with dementia can help you to avoid confrontation and arguments. Come along to get some hints and tips on how to change your approach and perhaps share an experience that helped you cope with a difficult situation.

Wed 25 May 2022 **Know Your Rights**

In this session we will be joined by a Specialist Advisor from the Citizens Advice Bureau in Alloa to find out more about Carer's Rights to benefits. Other topics that will be discussed are Adult Disability Payment Changes, Reaching Retirement, Capital Limits and Benefits.

By Appointment **Power of Attorney**

What would you do if the person you care for lost the capacity to make decisions on their own? Come along and find out about incapacity and how being granted Power of Attorney could help you in your caring role. This information session may also be useful to you if you already have Power of attorney and want to know more about the responsibility this brings.

To book a place or for further information, please contact:

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Principle funders

