

**Care with Confidence Parent Carers
Evening Zoom Sessions
April – May: Last Wednesday of each Month
June: 2nd Wednesday of the Month
6.00pm- 7.30pm**

If you are a parent carer and would like to attend any of these sessions but are not sure how to get online, how to join a Zoom meeting, or simply want to book a place, please get in touch (see our contact details below). We can offer one to one support to help you get set up to join some or all the sessions.

27 April 2022 **Central Advocacy Partners**

Transition from child and adolescence to adulthood can be fraught with difficulties. Central Advocacy Partners is a small independent charity based in Falkirk which works with young adults (16+) and adults with learning disabilities/difficulties including autism.

Central Advocacy is a voice for those who want to be heard, it is non-judgmental, and it's free. The charity runs several projects and has a number of new exciting projects coming on stream.

During this session, we find out about the different ways Central Advocacy Partners can support your young person to help them find their voice and place in the world.

25 May 2022

trueCall - Mobilesafe

Since 2014, Trading Standards Scotland have been working to protect vulnerable Scottish households from nuisance and scam calls on their landlines. The trueCall technology they have used on landlines is now available for mobile phones. Come along to find out how this works and how to get a free sim card to try for yourself.

15 June 2022

PlusForth Falkirk

PLUS provides support for children and young people with disabilities to take part in activities and social opportunities across the Forth Valley area. They will be coming along to talk about what they offer in Falkirk and Clackmannanshire and answer any questions you might have.”

To book on any of the above sessions, or for further information, please contact:

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Principle Funders

