

# Central Carers Association

## Role Profile

### Young Adult Carer Support Worker

#### **Role Purpose:**

To support young adult carers to identify their needs, develop a Young Carer Statement or Adult Carer Support Plan and provide any support identified by the young adult carer to ensure they are protected from undertaking caring responsibilities and tasks which are inappropriate, having regards to their age and maturity.

#### **As a young adult carer support worker, you will:**

- Work directly with young adult carers, providing personalised information and support, referring on to other agencies where appropriate.
- Carry out initial assessments to ascertain the needs of the young adult carer and offer/complete a Young Carer Statement or Adult Carer Support Plan.
- Plan the development and implementation of a programme of age-related group meetings for young adult carers.
- Develop and support new and existing young adult carers groups at times accessible to young adult carers.
- Organise and staff one-off events including occasional residential breaks.
- Develop and distribute information for young adult carers and information concerning young adult carers' issues.
- Identify and access funding for young adult carer activities and for individual young adult carers.

#### **In this role, your responsibilities for delivering a service to young adult carers will include:**

- Assisting and encouraging young adult carers to define and prioritise their own needs.
- Raising the profile of the needs of young adult carers with service planners in health, social work and further/higher education services and to be involved with consultation groups at strategic levels.
- Raising awareness of the Young Adult Carer Project and any activities being organised with other relevant agencies.
- Encouraging professional working with young people to identify young adult carers and refer them to the project.
- Encouraging young adult carers to self-identify by providing awareness raising presentations in colleges and universities.
- Encouraging and supporting young adult carers to articulate their views and facilitating their involvement in consultation processes.
- Encouraging and supporting young adult carers to have their say about services and ensure they are made aware of their rights.
- Developing information resources for young adult carers.

- Delivering activity programmes for young adult carers that enables them to participate in new activities, gain new skills and build confidence and self-esteem.
- Liaising with local professional and agencies providing support for young adult carers.
- Recording and monitoring all contact and activities with young adult carers and professionals on the organisation information management systems.
- Encouraging and supporting young adult carers to be involved in the development of support groups, activity programmes and information resources.
- Undertaking any other duties relevant to the post, as reasonably required from time to time.

**To carry out this role, you will have:**

Knowledge:

- Understanding of the importance of confidentiality in all aspects of your work.
- Understanding of and a sensitive approach towards the needs and difficulties faced by young adult carers.
- Understanding of current legislation and policy relating to young people.
- Understanding of GIRFEC (Getting it Right for Every Child).

Skills:

- Excellent telephone and listening skills and the ability to deal with enquiries in a professional and sympathetic way.
- Ability to get along with people from all backgrounds and communities, respecting lifestyles and diversity.
- Ability to build and maintain effective working relationships with colleagues.
- Ability to use initiative to plan, organise, and prioritise, including when under pressure, as part of a team, or on own initiative.
- Ability to work in a pro-active, flexible, and adaptable way. Some evening and occasional weekend work is required in this post.
- Positive problem-solving skills and a 'can-do' attitude.
- Multi-agency working.

Experience:

- Educated to degree level (or equivalent) or considerable previous experience in a related field.
- Using client databases to enter and maintain young carer activity records and produce reports based on this data.
- Using Microsoft 365, especially Outlook, Excel, and Word and general IT skills.
- Public speaking.
- Working with children and young people.
- Organising groups or activities for children and young people.
- Of caring or working with carers.

**In this role, you will collaborate with different people and teams, they are:**

- Colleagues, volunteers, and trustees from Central Carers Association.
- Health and Social Care staff.
- Staff from other agencies that provide support for young carers and those they care for e.g., education services, FDAMH and Social Work Service.

**In this role, you will achieve:**

Positive outcomes for young adult carers. By ensuring the early identification of young adult carers and the preparation of Young Carers Statements/Adult Carer Support Plans, the young adult carers accessing the Carers Centre will receive the information and support they need to allow them to care with confidence and in good health and will be empowered to have a life of their own outside caring.

<b>Centre Manager:</b> Laura McKenzie	<b>Team:</b> Young Adult Carers Project	
<b>Reporting To:</b> Jo McCorrison	<b>Location:</b> 1a Bank Street, Falkirk, FK1 1NB	
<b>Clean driving licence and access to car:</b> Required <b>PVG Scheme Membership:</b> Required	<b>Hours:</b> 21 hours per week	<b>Salary:</b> £27,954 pa/pro rata