



WORKSHOP DEBRIEF SHEET

CONSOLIDATE: Scoping Exercises

INVESTIGATORS

This project is supervised by Rachel McLauchlan the Influencing and Engagement Officer at **Age Scotland**, and Amy Connelly the Patient and Public Involvement and Engagement Specialist at **Heriot-Watt University**.

If you would like to find further information, please explore the resources below.

INTRODUCTION

At Heriot-Watt University, researchers are working in partnership with the University of Strathclyde, Age Scotland, and strategic partners in the NHS, Third Sector, and Industry to improve the lives of people living with dementia. The CONSOLIDATE Network is a three-year research initiative exploring how technology can support independence for people living with dementia.

AIM OF STUDY

The aim of this public engagement project is to understand the lived experiences, hopes, and challenges of people living with dementia, unpaid carers, and professionals across Scotland. These insights will help shape future research and innovation in dementia care, ensuring it is grounded in real-world needs and priorities.

PROCEDURE

You may have taken part in one or more of the following activities:

- In-person or online activity-based workshops
- Informal or one-to-one discussions
- Creative exercises such as storytelling or post-it note activities

Each session was designed to be flexible and responsive to your needs. All contributions are valued and there are no right or wrong answers- your lived experience is what matters most.

FOR FURTHER INFORMATION

The CONSOLIDATE team will be glad to answer your questions about this study and provide additional information on results if requested. You may contact them through email, or your community lead at: dementia@hw.ac.uk

We understand that the topics covered in the workshop are sensitive. If you need further support, the following resources are available:

- Alzheimer's Scotland: <https://www.alzscot.org/>
- Meeting centres Scotland: <https://www.meetingcentres.scot/>
- Carers Scotland: <https://www.carersuk.org/scotland/>
- Age Scotland: <https://www.agescotland.org.uk/>
- Mental Health Foundation: <https://www.mentalhealth.org.uk/>
- Mind: <https://www.mind.org.uk/>

PRIVACY AND CONFIDENTIALITY

Heriot-Watt University is the data controller for the personal data collected in this project. We will collect and use your personal data for this project to undertake academic research in the public interest, as part of Heriot-Watt University's core purpose under its Charter and Statutes.

We will keep your personal data securely and ensure that no one will link the research notes you provide to any identifying information you may supply. Notes will be taken on a non-attributable basis, so they will be anonymous and there will be no link to consent forms or voucher details. After the project ends, we may use the anonymous dataset for research outputs such as articles and conference presentations. All identifiable data (e.g., consent forms and voucher slips) will be securely erased in line with the University's retention schedules.

Age Scotland is helping to facilitate the scoping workshops and will act as a data processor under a strict confidentiality agreement, handling consent forms and voucher slips temporarily before securely transferring them to Heriot-Watt University for storage and processing.

If you would like to know more about what Heriot-Watt University does with your personal data and your rights under data protection law, please visit [Privacy notice for participants in academic research projects | Heriot-Watt University](#) or contact our Data Protection Officer by email at dataprotection@hw.ac.uk.

If you have any questions about the project, please contact dementia@hw.ac.uk.

- The study has received full ethical approval from Heriot-Watt University.
- We will provide reporting to our governance committee and to our funder.